

Portfolio Standard 2: Child Health, Nutrition, and Physical Activity – 18 Points Possible

For this standard, program staff will reflect on their program’s current health, safety, and nutrition standards and identify areas that can be improved. Points are assigned based on the completion of the Nutrition and Physical Activity Self-Assessment, a written improvement plan, documentation of actions taken to complete the plan, and evidence that the program has met each of the requirements listed.

2.1 Nutrition and Physical Activity Assessment and Improvement Plan	Points Possible
2.1.0 Criteria not met.	0
2.1.1 The program has conducted the Healthy Eating and Physical Activity Checklist and has developed a written improvement plan addressing 1 indicator for each of the two domains (nutrition and physical activity).	2
2.1.2 The program has conducted the Healthy Eating and Physical Activity Checklist and has developed a written improvement plan addressing 2 indicators for each of the two domains .	4
2.1.3 The program has conducted the Healthy Eating and Physical Activity Checklist and has developed a written improvement plan addressing at least 3 indicators for each of the two domains .	6
<u>What to Submit for Standard 2.1</u>	
Initial Application: <ul style="list-style-type: none"> ○ Completed Healthy Eating and Physical Activity Checklist ○ Completed improvement plan with evidence of addressing 1, 2, or 3 indicators for each of the two domains (nutrition and physical activity) 	
Reassessment: <ul style="list-style-type: none"> ○ Documentation of implementing the previous year’s improvement plan and of creating a new improvement plan 	

2.2 First Aid/CPR Certification	Points Possible
2.2.0 Criteria not met.	0
2.2.1 60% of staff have a current First Aid/CPR certification.	2
2.2.2 70% of staff have a current First Aid/CPR certification.	4
2.2.3 80% of staff have a current First Aid/CPR certification.	6
<u>What to Submit for Standard 2.2</u>	
Initial Application and Reassessment: <ul style="list-style-type: none"> ○ First Aid/CPR certifications are entered into the GaPDS and are posted on the “Other Career Data” tab. Points will be awarded based on the information in the GaPDS at the time of portfolio submission. 	

2.3 Written Health Information/Nutrition/Physical Activity Resources	Points Possible
2.3.0 Criteria not met.	0
2.3.1 The program administrator or director has viewed the <u><i>National Institute of Out of School Time (NIOST) Health and Safety Webinar</i></u> and completed the on-screen Webinar viewing questions.	2
2.3.2 Has completed all of criteria 2.3.1, and has established a policy to encourage healthy meals and snacks as demonstrated by the inclusion of nutritious weekly menus provided to parents and families.	4
2.3.3 Has completed all of criteria 2.3.2, and the program has provided culturally responsive written materials to families about the importance of immunizations, oral hygiene, contagious diseases/illnesses, vision and hearing screenings, and the benefits of physical activity and healthy nutrition.	6
<p style="text-align: center;"><u>What to Submit for Standard 2.3</u></p> <p>Initial Application and Reassessment:</p> <ul style="list-style-type: none"> ○ 2.3.1: Complete the on-screen NOIST Webinar viewing verification statement and questions. The webinar can be viewed at the following link: https://youtu.be/bnW_TXMTf5o ○ 2.3.2: Submit sample weekly menu shared with families ○ 2.3.3: Samples of written material shared with families relating to immunizations, oral hygiene, vision and hearing screenings, contagious diseases/illnesses, and the benefits of physical activity and healthy nutrition <p style="text-align: center;">Do not upload children’s confidential health data.</p>	